

Disease Management

PERSONALIZED APPROACH

North Texas is among the national leaders in the prevalence of dangerous chronic pediatric conditions. Empowered by the experience and infrastructure of Children's HealthSM, this program effectively classifies patients, targets their needs relative to their specific condition and delivers an individualized treatment plan to patients.

Current Disease Management offerings include:

- Behavioral Health Program
- Weight Management Program
- Injury Prevention Program
- Asthma Management Program



LEARN MORE AT:

Web: pediatricalliancetexas.com

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PediatricAlliance

children'shealthSM

Behavioral Health Program



By your side for healthier minds.

Behavioral health care includes mental health and substance use disorders, but also general problems of daily living. Children's HealthSM works with private practitioners and community organizations to locate and build behavioral health interventions specific to the needs of families across our community.

Our Services

- Resource assistance to support patients
- Coordination of behavioral care
- Behavioral health guidance and referral
- Recommendations of community support programs
- Targeted telephonic or in-person support to increase treatment plan compliance
- Consultation services for physicians and families

Referral Criteria

- Requires a physician referral

How to Enroll

- Physicians must complete the referral form and fax it to [214-456-2944](tel:214-456-2944).
- A member of the Behavioral Health Team will contact the family to evaluate for behavioral and social needs and enroll the patient into the program.
- For additional questions, please call [844-856-6926](tel:844-856-6926) or email mycm@childrens.com.

Weight Management Program



By your side for fitter families.

“Get Up & Go!” is a free, nine-week weight management program for children and their parents, in partnership with the YMCA of Dallas, which includes locations in Denton and Collin counties. This program increases families’ knowledge and skills to improve healthy behaviors, and is designed to create awareness and understanding of how lifestyle choices affect health.

Our Services

- Families will meet weekly for 1 ½ hours.
- Classes are offered in English and Spanish for ages 2-14.
- Each class is facilitated by YMCA employees and features nutrition education, physical activity and goal setting.
- Parents are encouraged to bring the entire family to avoid a child feeling singled out from his/her siblings.
- Healthy snacks are served during each class to introduce children to new nutritious foods.

Referral Criteria

- Requires a physician referral
- BMI over 85th percentile without comorbidities
- Child must be accompanied by a parent/guardian

How to Enroll

- Physicians must complete the referral form and fax it to [214-456-2944](tel:214-456-2944).
- A member of the Weight Management Team will contact the family for enrollment into the program.
- For additional questions, please call [214-456-6312](tel:214-456-6312) or email getup&go@childrens.com.

Injury Prevention Program



By your side for safer kids.

In addition to enhancing quality of life and protecting children, this program's Level 1 trauma center uses comprehensive education tools, hospital-based interventions and community-based events to keep children safe from traumatic injuries.

Our Services

- Family-friendly safety and wellness educational materials for patients and providers in English and Spanish, including: Car Seat Safety, Safety in and Around a Vehicle, Water Safety, Sleep Safety, Bicycle Safety and Home Safety among other topics
- Community-wide car seat checkup events and individual appointment-based car seat installation, and education services at Children's Health Dallas and Plano campuses
- Community-wide water safety events: visit www.knowbeforeyougo.org for a calendar of events

Referral Process

- For more information, please contact the Injury Prevention main line at [214-456-1870](tel:214-456-1870).
- For a car seat appointment, please call our dedicated Car Seat Line at [214-456-2059](tel:214-456-2059).

Asthma Management Program



By your side for better breathing.

The Joint Commission Certified Asthma Management Program is a free, three- to six-month education and care coordination program that works in partnership with the healthcare providers' management plans.

Our Services

- Patients/Families can participate in tailored programs for up to six months
- Home visits by a Registered Respiratory Therapist providing one-on-one age-specific asthma education
- Receipt of asthma management tool kit, asthma diary and action plan
- Home assessment to identify specific asthma triggers
- Bi-weekly telephone follow-ups with a Registered Nurse (RN)/Certified Asthma Educator for the duration of the program
- Monthly group education class (classes are free, no insurance or physician referral needed)

Referral Services

- Requires a physician referral
- Must live in Dallas, Tarrant, Ellis, Collin, Kaufman, Rockwall or Denton county
- Insurance coverage preferred to assist management of care and with obtaining medications

How to Enroll

- Physicians must complete the referral form and fax it to [214-456-2944](tel:214-456-2944).
- A member of the Asthma Management Team will contact the family for enrollment into the program.
- For additional questions, please call [214-456-LUNG \(5864\)](tel:214-456-LUNG) or email asthma.mgmt@childrens.com.