

By your side for Disease Management.



Disease Management

According to recent statistics, North Texas is among the national leaders in the prevalence of dangerous chronic pediatric conditions. Empowered by the experience and infrastructure of Children's Health, this program effectively classifies patients, targets their needs relative to their specific condition and delivers an individualized treatment plan to patients.

Asthma Management Program**

In partnership with the family's primary care physician, this comprehensive plan includes a personal consultation and home visits from a team of registered nurses and a registered respiratory therapist. One-on-one education is provided via home visits and evaluations to identify asthma triggers, as well as biweekly phone calls from an Asthma RN Chronic Care Coordinator.

Weight Management Program**

Collaborating with the primary care physician and the YMCA of Dallas, Children's Health offers "Get Up and Go," a 5 or 9-week weight management program for children and their parents. Designed to create awareness and understanding of how lifestyle choices affect health, this program increases the entire family's knowledge and skills to improve health behaviors.

Behavioral Health Program**

Coordinated by Licensed Behavioral Health clinicians to provide behavioral and psychosocial screenings with a focus on issues such as ADHD and depression, this program works with private practitioners and community organizations for effective behavioral health interventions across the community.

Pediatric To Adult Transitions of Care**

At Children's Health, the Office of Patient Transition supports clinical programs to provide patient families with the skills, knowledge, and tools required for teens and young adults to maximize the independent management of their health care needs and successfully transition their care into the adult health care system.

Better Outcomes, Better Patient Experience

Building a healthier community and meeting the future needs of families in the new health care environment requires strong partnerships with physicians across our region. This comprehensive vision strives to achieve better clinical outcomes, improved financial models and a superior patient experience. We're excited to have your practice share this vision with us, and we look forward to building a stronger practice and healthier communities together.

** Physicians will need to refer patients to access this service.